



Alexandra Headland Surf Life Saving Club

Advanced Resuscitation Therapy (ART)

Pre-season courses July/August 2022

The aim of this course is to develop skills and knowledge to manage life-threatening external bleeding, use oxygen, airway management devices and automated external defibrillators during resuscitation, and to administer oxygen to conscious or unconscious victims.

Courses

	Dates	Registration deadline
ART01	Wednesdays 20 th July & 27 th July (6pm-9pm) (Attendance at both sessions required)	4pm Tuesday 12 th July
ART02	Sunday 7 th August (9am-4pm)	4pm Wednesday 27 th July

Entry requirements

- Minimum age 15 years
- Current First Aid (HLTAID011)
- Actively patrolling member at Alexandra Headland SLSC
- [Financial member](#) of Alexandra SLSC for 2022/2023
- Hold current appropriate [Blue Card](#) if ≥18 years of age
- Completed [Child Youth Risk Management Strategies Training \(CYRMS\) and Child Safe Awareness Course](#) if ≥18 years of age (access via SLSC members area eLearning)
- Have a [unique student identifier \(USI\)](#) you will need to enter this in the registration form below

Registration

[Please register via this link before the registration deadline above](#)

There is a maximum of 16 people per course

Contact

Dana Craven, Chief Training Officer

training@alexsurfclub.com.au



Course information

In this course you will develop knowledge and skills to enable you to demonstrate competency in the nationally recognised unit of competency: HLTAID015 Provide advanced resuscitation and oxygen therapy.

The course is free of charge to eligible members and is run by our volunteer emergency care facilitators. For this award to remain current candidates must perform an annual proficiency check.

Course Outcomes

- Respond to an emergency situation
- Manage life threatening bleeding using a tourniquet and haemostatic dressing
- Perform a primary (DRSABCD) and secondary (vital signs) assessment of a victim
- Identify victims suffering from a condition where providing oxygen would be beneficial
- Perform advanced resuscitation, including the use of oxygen equipment, oropharyngeal airways and suction
- Communicate details of an incident
- Complete documentation
- Evaluate an incident and your own performance
- Identify possible psychological impacts of first aid incidents and how to seek help
- Restore equipment ready for use.

Assessment

- Assessment is through demonstration, presentation, and application of all elements of competency in the workplace.
 - Participants will be required to complete activities that may include role-plays, oral and written questioning, practical demonstrations and performing scenarios.
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